

Caddies Creek Public School

Care Challenge Persist Succeed

Always Was, Always Will Be, Dharug Land

caddiescrk-p.school@det.nsw.edu.au

(ph) 8814 5916

Bicycle/Scooter Rider Safety Guidelines

Our school encourages all students and their families to be safe active travellers. This guide lists our expectations for students as bicycle/scooter riders when travelling to and from school.

Transport for NSW advises:

- children under 10 years of age should be actively supervised by an adult when riding a bicycle/scooter (we do not recommend students ride to school independently under 10 years of age)
- children under 12 years of age should cycle/scoot in a safe place off the road, such as a footpath or bicycle path, and away from vehicles
- any person under 16 years of age can cycle/scoot on footpaths, as well as people over 16 if they are supervising riders under 12 years of age
- children cycle/scoot away from busy roads
- bicycle/scooter riders must obey the road rules

<https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/laws.html>

Parents and carers are responsible for:

- how their child travels to and from school
- maintaining their child's bicycle/scooter. Bicycles/scooters must be safe and in working order. Bicycles by law must be fitted with a working brake and a bell
- ensuring their child correctly wears an Australian Standards approved helmet when riding
- teaching their child the road rules
- completing and returning the parent/carer and child bicycle/scooter rider safety agreement

Students who ride bicycles/scooters to and from school are responsible for:

- completing the parent/carer and child bicycle/scooter rider safety agreement, issued by our school
- dismounting their bicycle/scooter before entering school grounds
- using the school bicycle/scooter entry and exit points via Glenwood Park Drive pedestrian entrance or via the side pedestrian entrance on Currawong Street
- walking bicycles/scooters on school grounds
- storing the bicycle in the bicycle/scooter rack. Bicycles must be locked with a chain and padlock supplied by the bicycle owner. The school is currently doubling the bicycle/scooter rack capacity

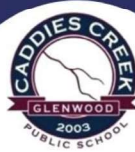
Bicycles/scooters and helmets are brought and stored at school at the owner's risk.

Parents and carers will be notified if their child does not follow the conditions of the school's bicycle rider safety guidelines and agreement.

Students may be banned from bringing their bicycles onto school grounds if they breach school rules.

P. Taylor
Principal





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Bicycle/Scooter Rider Safety Agreement

Child agreement

I, _____ of class _____

- have read and discussed the school bicycle/scooter rider safety guidelines and agreement with my parents or carers
- understand the information provided
- will wear my helmet correctly when riding my bicycle/scooter to and from school
- will keep my bicycle/scooter well maintained
- will give way to all pedestrians on footpaths, crossings, and cycle paths
- will walk my bicycle/scooter across the road at safe places and pedestrian/traffic crossings
- will walk my bicycle/scooter on school grounds
- will secure my bicycle/scooter in the bicycle rack
- understand that the principal may stop me from bringing my bicycle/scooter to school if I do not follow the rules
- bring my bicycle/scooter and helmet to and from school at my own risk.

Student signature: _____

Parent/carer signature: _____

Date: _____

Parent/carer agreement

I approve my child (name) _____ of class _____ riding his/her bicycle to and from school.

- I have read and discussed the school's bicycle rider safety guidelines and agreement with my child rider
- My child will correctly wear an Australian Standards approved helmet when riding a bicycle/scooter to and from school
- I have reviewed the guide to bicycle maintenance and understand that it is my responsibility to keep the bicycle/scooter well maintained and roadworthy
- I have reviewed the guide to correctly fitting a helmet and understand that it is my responsibility that my child wears their helmet correctly
- I understand the principal may ban my child from bringing their bicycle onto school grounds if the school's rules are not followed
- I understand that bicycles/scooter and helmets are brought to school at the owner's risk.

Parent/carer signature: _____

Parent/carer name: _____

Date: _____

Please complete and return to school office c/o Mrs Annie O'Reilly

Guide to bicycle maintenance: Eight-point safety-check:

Feature	What are you checking for?	Maintained	Needs fixing
Bell or horn	<ul style="list-style-type: none"> rings or sounds clearly and loudly 	<input type="checkbox"/>	<input type="checkbox"/>
Brakes	<ul style="list-style-type: none"> when brakes are applied, bike wheel does not rotate 	<input type="checkbox"/>	<input type="checkbox"/>
Brake pads	<ul style="list-style-type: none"> pads are not worn down 	<input type="checkbox"/>	<input type="checkbox"/>
Chain	<ul style="list-style-type: none"> be well oiled and not sag 	<input type="checkbox"/>	<input type="checkbox"/>
White front reflector	<ul style="list-style-type: none"> is secure and clean 	<input type="checkbox"/>	<input type="checkbox"/>
Red rear reflector	<ul style="list-style-type: none"> is secure and clean 	<input type="checkbox"/>	<input type="checkbox"/>
Tyres	<ul style="list-style-type: none"> firm tyres tread not worn and no canvas showing no bulges or cuts 	<input type="checkbox"/>	<input type="checkbox"/>
Yellow wheel and pedal reflectors	<ul style="list-style-type: none"> is secure and clean 	<input type="checkbox"/>	<input type="checkbox"/>

Source: Adapted from [Safety Town](#) (NSW Govt)

What is the right size of bicycle?

The right sized bicycle:

- is comfortable for the rider
- allows for the arms to be slightly bent as the body leans slightly forward holding the handlebars
- has controls within reach
- allows the rider's feet to just touch the ground when the rider is sitting on the seat
- allows the rider to straddle the crossbar with both feet flat on the ground. There should be about 3 cm between the bicycle and the rider's crotch for a light or medium weight road bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.
- has a level seat.

What is required by law?

A bicycle must be fitted with:

- a working horn or bell
- at least one working brake
- and display a flashing or steady white light on the front, a flashing or steady red rear light, and a red rear reflector if ridden at night or during hazardous weather conditions.

Guide to correctly fitting a helmet

Always wear a helmet when you ride



Source: NSW Centre for Road Safety, Transport for NSW

More information is available from:

Department of Education

- Riding to and from school <https://education.nsw.gov.au/teaching-and-learning/curriculum/road-safety-education/safe-travel/riding>
- Vulnerabilities of children as road users <https://education.nsw.gov.au/teaching-and-learning/curriculum/road-safety-education/safe-travel#Vulnerabilities1>

Transport for NSW

- [Information for parents and carers about safety on wheels](#) – The law and safety advice for bicycles, foot scooters, skateboards and rollerblades (pdf)
- Helmets and safety gear <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/helmets-gear.html>
- NSW road rules, bicycle laws and penalties in NSW <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/laws.html>
- Safe riding <https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/safe-riding.html>